



Contraindications for Colon Hydro-Therapy

The Global Professional Association for Colon Therapy (GPACT) in collaboration with the doctors of GI Doctors NY to develop the following standards. These standards are meant as general guidelines. Because each person has a unique medical history, they should consult their physician to determine if they are prohibited from undergoing colon hydro-therapy.

People with certain medical conditions should NOT undergo colon hydro-therapy unless given approval from and/or by prescription from their physician. These conditions include the following:

Anemia: Severe

- Contraindicated if patient is already at risk of cardiac compromise due to Anemia. They may experience worsening of their Anemia due to secondary to fluid absorption through the large intestine.

Aneurysm

- Contraindicated when Aneurysm is located anywhere in the abdominal cavity.
- Contraindicated when the patient is taking blood thinners (Coumadin with therapeutic levels).

Carcinoma of the Large Intestine/Rectum

- Contraindicated when Carcinoma is located in the rectum or large intestine.

Cardiac Disease: Severe

(e.g. Uncontrolled Hypertension)

- The procedure of Colon Hydro-therapy and/or post therapy while someone is using the bathroom to eliminate may raise the patient's blood pressure creating a contraindication.

Cirrhosis of the Liver

- Contraindicated.

Congestive Heart Failure

(e.g. Organic Valve Disease)

- These patients have poorly functioning hearts and cannot tolerate the additional stress on the heart/fluid intake that is absorbed through the large intestine thus creating a contraindication.

Crohn's Disease

- Contraindicated when advanced.

Colitis: Severe

(Ischemic Colitis and Ulcerative Colitis)

- Contraindicated only when active or bleeding

Diverticulitis: Acute

- Due to (current infection) the inflamed colonic mucosa of the intestinal wall has a heightened chance of perforation due to water pressure thus creating a contraindication.

Epilepsy/Seizures

- Contraindicated when uncontrolled

Fissures/Fistulas

- Contraindicated if painful and bleeding

GI Hemorrhage/Perforation

- Contraindicated if intestinal perforation

Hemorrhoids

- Contraindicated if severe or internal

Hernia: Incarcerated Abdominal

- Contraindicated when if painful

Kidney Dialysis

- Contraindicated

Pregnancy

- Contraindicated

Prostatitis

- Contraindicated when acute

Renal Insufficiency/Failure

- Contraindicated

Surgery: Recent Abdominal

- Contraindicated within 6-months post-surgery:
 - Colon, Rectum, or other abdominal surgery

Tumors of the Large Intestine or Rectum

- Contraindicated when it is located in the Rectum or the Colon.

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These standards are endorsed by the GI DOCTORS of NY.

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